

# Talking to your care team with confidence

What to know and what to ask about KEYTRUDA as part of a treatment plan for adults with certain types of advanced endometrial carcinoma

KEYTRUDA is a prescription medicine used to treat a kind of uterine cancer called advanced endometrial carcinoma. KEYTRUDA may be used with the chemotherapy medicines carboplatin and paclitaxel, and then KEYTRUDA may be used alone, in adults:

- when your cancer has spread (advanced), or
- if your cancer has returned.

## **Important Safety Information**

KEYTRUDA is a medicine that may treat certain cancers by working with your immune system. KEYTRUDA can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. You can have more than one of these problems at the same time. These problems may happen any time during treatment or even after your treatment has ended.

#### See additional Important Safety Information on pages 3-8.

Please read the accompanying Medication Guide for KEYTRUDA and discuss it with your doctor. The physician Prescribing Information also is available. You can find additional Important Safety Information about KEYTRUDA on pages 3-8.

Actor Portrayal

Using your voice in treatment discussions

When you're first diagnosed with advanced endometrial carcinoma, it can feel overwhelming. There's a lot to think about, a lot of questions that may be on your mind, and a lot of decisions to make when it comes to your treatment.

But it's important to remember: your voice matters and you're not alone.

Choosing KEYTRUDA as part of your treatment should be a decision you, your loved ones, and your health care team make together. And that involves being direct, open, and honest in your communication with your doctor.



Use the information in this guide to learn more about using your voice in your treatment discussions about KEYTRUDA and improving communication with your care team before, during, and after your appointments.

Please read the accompanying Medication Guide for KEYTRUDA and discuss it with your doctor. The physician Prescribing Information also is available. You can find additional Important Safety Information about KEYTRUDA on pages 1 and 3-8.



Call or see your health care provider right away if you develop any signs or symptoms of the following problems or if they get worse. These are not all of the signs and symptoms of immune system problems that can happen with KEYTRUDA:

#### Lung problems:

- Cough
- Shortness of breath
- Chest pain

### Intestinal problems:

- Diarrhea (loose stools) or more frequent bowel movements than usual
- Stools that are black, tarry, sticky, or have blood or mucus
- Severe stomach-area (abdomen) pain or tenderness

#### Liver problems:

- Yellowing of your skin or the whites of your eyes
- Severe nausea or vomiting
- Pain on the right side of your stomach area (abdomen)
- Dark urine (tea colored)
- Bleeding or bruising more easily than normal

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#### Hormone gland problems:

- Headaches that will not go away or unusual headaches
- Eye sensitivity to light
- Eye problems
- Rapid heartbeat
- Increased sweating
- Extreme tiredness
- Weight gain or weight loss
- Feeling more hungry or thirsty than usual
- Urinating more often than usual
- Hair loss
- Feeling cold
- Constipation
- Your voice gets deeper
- Dizziness or fainting
- Changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness

#### Kidney problems:

- Decrease in your amount of urine
- Blood in your urine
- Swelling of your ankles
- Loss of appetite

#### Skin problems:

- Rash
- Itching
- Skin blistering or peeling
- Painful sores or ulcers in your mouth or in your nose, throat, or genital area
- Fever or flu-like symptoms
- Swollen lymph nodes

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Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with KEYTRUDA. Call or see your health care provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain, irregular heartbeat, shortness of breath, swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising

Infusion reactions that can sometimes be severe or lifethreatening. Signs and symptoms of infusion reactions may include:

- Chills or shaking
- Itching or rash
- Flushing
- Shortness of breath or wheezing
- Dizziness
- Feeling like passing out
- Fever
- Back pain

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**Rejection of a transplanted organ or tissue.** Your health care provider should tell you what signs and symptoms you should report and they will monitor you, depending on the type of organ or tissue transplant that you have had.

**Complications, including graft-versus-host disease (GVHD), in people who have received a bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be serious and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with KEYTRUDA. Your health care provider will monitor you for these complications.

Getting medical treatment right away may help keep these problems from becoming more serious. Your health care provider will check you for these problems during treatment with KEYTRUDA. They may treat you with corticosteroid or hormone replacement medicines. They may also need to delay or completely stop treatment with KEYTRUDA if you have severe side effects.

Please read the accompanying Medication Guide for KEYTRUDA and discuss it with your doctor. The physician Prescribing Information also is available. You can find additional Important Safety Information about KEYTRUDA on pages 1, 3-5, 7, and 8.



**Before you receive KEYTRUDA, tell your health care provider if you** have immune system problems such as Crohn's disease, ulcerative colitis, or lupus; have had an organ or tissue transplant, including corneal transplant, or have had or plan to have a bone marrow (stem cell) transplant that uses donor stem cells (allogeneic); have had radiation treatment in your chest area; have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome.

If you are pregnant or plan to become pregnant, tell your health care provider. KEYTRUDA can harm your unborn baby. If you are able to become pregnant, you will be given a pregnancy test before you start treatment. Use effective birth control during treatment with KEYTRUDA and for 4 months after your last dose of KEYTRUDA. Tell them right away if you think you may be pregnant or you become pregnant during treatment with KEYTRUDA.

Tell your health care provider if you are breastfeeding or plan to breastfeed. It is not known if KEYTRUDA passes into your breast milk. Do not breastfeed during treatment with KEYTRUDA and for 4 months after your last dose of KEYTRUDA.

**Tell your health care provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Common side effects of KEYTRUDA when used alone include** feeling tired; pain, including pain in muscles; rash; diarrhea; fever; cough; decreased appetite; itching; shortness of breath; constipation; bones or joints and stomach-area (abdominal) pain; nausea; and low levels of thyroid hormone.

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#### Common side effects of KEYTRUDA when given with certain

**chemotherapy medicines** include feeling tired or weak; nausea; constipation; diarrhea; decreased appetite; rash; vomiting; cough; trouble breathing; fever; hair loss; inflammation of the nerves that may cause pain, weakness, and paralysis in the arms and legs; swelling of the lining of the mouth, nose, eyes, throat, intestines, or vagina; mouth sores; headache; weight loss; stomach-area (abdominal) pain; joint and muscle pain; trouble sleeping; blisters or rash on the palms of your hands and soles of your feet; urinary tract infection; and low levels of thyroid hormone.

These are not all the possible side effects of KEYTRUDA. Talk to your health care provider for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.



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## Lean on others, ask questions, and communicate with your care team

You know what works best for you when it comes to communicating with your care team. But also know that you're not alone. Making sure your voice is heard in all advanced endometrial carcinoma treatment discussions can put you on a path to better communication between you, your loved ones, and your care team.

## Tips for a helpful discussion with your doctor and care team:

## Before your appointment

**Make a plan.** Write down things you want to talk about and highlight the ones that are most important. You may also find it helpful to ask a friend or loved one to go to the appointment with you for moral support and as a second set of ears, or even to write down notes as you talk to your doctor.

## During your appointment

**Ask questions.** This is about your body and your health. You have the right to ask questions and to get answers that you can understand. There is a lot of information to cover, but here are some important things to know by the end of your visit:



#### Why this treatment?



#### How is it given?

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## During your appointment (continued)

Sometimes it can feel uncomfortable asking questions or having your doctor repeat something. Remember, your doctor wants you to get the most out of your appointment, too.

#### Here are some examples of the types of questions to ask.

- Will I need any tests to help determine my treatment?
- How will I receive treatment?
- How often will I get treatment, and how long will each treatment take?
- How long will I be on treatment?

- Where will I receive treatment?
- What are the possible side effects?
- Who on my care team should I report side effects to?
- How will I know if my treatment is working?



Ask for a written recap after your appointments that you can revisit when you are home or have a supporter attend your appointment to help keep track of what is said.

### Make your voice heard

Your experience matters. And you matter. It's okay to speak up immediately if you have questions or need to discuss anything about your treatment with your health care team.



Scan the QR code or visit keytruda.com to see results from a clinical trial with KEYTRUDA for adults with certain types of advanced endometrial carcinoma

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Talk to your doctor to see if a treatment plan with KEYTRUDA could be right for you



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